



Ottawa Community Immigrant Services Organization
Organisme Communautaire des Services aux Immigrants d'Ottawa

INTERNAL/EXTERNAL OCISO JOB POSTING

- Position:** Mental Health Worker
- Term:** 24.5 hours per week (November 2024 – March 31, 2025)
- Reports to:** Manager of a Program
- Location:** To be Determined

About OCISO

OCISO supports immigrants through the journey of making Canada their home by providing creative and responsive programs that are culturally and linguistically appropriate, by building community through mutual respect and partnerships, and by fostering healthy and inclusive spaces for open dialogue and healing.

Position Summary

- Mental Health Worker is primarily responsible for the provision of mental health supports in response to pre and post migration stressors among immigrant and refugee populations
- Working closely with referral sources, they provide crisis intervention, short-term support, and referrals for youth and families
- The services are offered at OCISO locations and throughout the community
- They are also responsible for all related administrative duties

Main Responsibilities

- The Mental Health Workers provide clients with a clinical assessment & engage in counselling - up to 6 sessions
- Use appropriate western counselling modalities (CBT, Emotion Focused, Strengths Based) adapted with an appropriate cultural & linguistic lens
- Develops a support plan for the client and implements a circle of care including the Intensive Case Manager, Counsellor and the referring worker to ensure comprehensive supports are delivered
- Referrals made & supports engaged as needed
- Provide informed and culturally responsive short term mental health interventions for clients presenting with a wide variety of issues arising from pre and post migration experiences
- Provide in program referral to more intensive intervention services when required
- Make appropriate referrals to other community resources

- Provide accountability through oral and written reports of client progress
- The Mental Health Worker ensures that the program uses a trauma informed approach and the tenets of equity, access and anti-racism / anti-oppression
- Promotes the OCISO mission and values in all actions
- Demonstrates commitment to OCISO's culture of respect management approach and anti-racism / anti-oppression policy within the work environment and the community
- Promotes intra-agency cooperation, coordination and communication
- Supports all aspects of OCISO's work in interactions with potential funding sources, other community service providers, clients and the public
- Shares good management and work practices that have the potential for broader application elsewhere in the agency
- Ensures confidentiality and safe handling and storage of client data and files
- Provides support and problem-solving assistance to clients and staff as needed

Qualifications

- Bachelor's degree in relevant field (e.g., Social Work, Psychology)
- Strong understanding of pre and post migration issues and their impact on mental health
- Knowledgeable of alternative non-western models of healing that will enhance culturally responsive mental health services
- Knowledge and experience on solving problem techniques
- Experience working in a non-profit organization
- Experience dealing with a volunteer workforce is an asset
- Familiarity with mental health and wellness supports
- Experience and proven ability to work effectively in a multi-disciplinary, multicultural team environment
- Understanding of the issues faced by immigrants and refugees
- Self-motivated and able to work independently with minimal supervision
- Excellent verbal and written skills in **English & Spanish** (Mandatory), additional languages an asset

Salary & Benefits:

\$38,971 - \$39,748 annually. Comprehensive benefits plan including health, dental, an RRSP plan and a generous leave entitlement.

Application Deadline: October 30, 2024 by 12:00 p.m. (EST). Rolling interviews will be conducted.

Application Process: Please rename your cover letter and resume with your "First name_position title" (e.g., OCISO_MHW_letter or resume) before applying and send it to the HR Department at: recruitment@ociso.org

We encourage applications from qualified people of all backgrounds, especially women, members of visible minorities, Indigenous persons, and persons with disabilities.

OCISO is committed to accessibility in employment and to ensuring equal access to employment opportunities for candidates, including persons with disabilities. In compliance with AODA, OCISO will endeavor to provide accommodation to people with disabilities in the recruitment process upon request. If you are selected for an interview and require accommodation due to a disability during the recruitment process, please notify the HR & Operations Administrator upon scheduling your interview.

Thank you for your interest in joining OCISO. We appreciate all applications. Due to the volume of applicants, we are only able to contact those selected for further consideration process upon request.