

# WELLNESS THROUGH ART WORKSHOP

**Join us for a hands-on, art-based wellness session!**

Use your creative expression and turn it into art work!

Registration Is Required: 15 spots for this class only!



Registration  
Required.  
No drop-ins!



**Friday, February 20th, 2026**



**1:00 PM - 2:30 PM**



**Ajax Welcome Centre - Banff Room**



**Click  
Here!**

**REGISTER HERE**



**FOR MORE INFORMATION PLEASE CONTACT: RAFIAH SHAIKH**

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